

Some ideas for children who are learning at home

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Introduction

Staying safe online

There is a lot of support available to keep your child safe online. Below are some useful links to help you:

- [Thinkyouknow](#) (advice from the National Crime Agency to stay safe online)
- [Internet matters](#) (support for parents and carers to keep their children safe online)
- [Parent info](#) (support for parents and carers to keep their children safe online)
- [LGfL](#) (support for parents and carers to keep their children safe online)
- [Net-aware](#) (support for parents and carers from the NSPCC).

This document is in two parts:

Section 1:	Free learning activities you can access online at any time.
Section 2:	A timetable of activities that are live online at the same time each week.

This is a tricky time for all of us and as a parent you will want to balance the time your child has to access learning with play and family time activities.

You may also have lots of information from your child's school to look at. The resources we suggest here are not supposed to replace that.

Use as few or as many of the ideas here as you need or want to.

We hope that you find the information helpful.

Please note Durham County Council does not endorse or recommend any of the following products/websites over others. This list is intended as a useful starting point only for parents while schools are currently closed.

1

Free learning activities you can access at any time

Introduction

Here is a list of links to websites.

Some may be useful while your children are at home.

This list has been divided into age ranges. The age ranges have been colour-coded. This can help you find the most appropriate websites for your child.

We hope you find these useful and enjoyable.

Key to colours

Early Years and Foundation Stage
(Nursery and Reception classes, aged 3 – 5)

Primary
(Years 1 – 6, aged 5 – 11)

Secondary
(years 7 and above, aged 11 and above)

Early Years and Foundation Stage, age 3 - 5

Subject	Link	Content
English	https://www.oxfordowl.co.uk/	Advice and support for parents Educational activities and games Free eBook library for 3-11 year olds.
Phonics	https://www.phonicsplay.co.uk/	Interactive games Reception class please look at Phase 2, Phase 3 and Phase 4.
Maths	https://nrich.maths.org/13371	Descriptions of activities for parents to follow.
Science (Also crafts, recipes, magic, games, jokes, trivia)	https://www.funology.com/funology-science-experiments/	Ideas for fun science investigations.
All areas	https://www.twinkl.co.uk/resources/parents	Learning packs for parents to print out.
All areas	www.topmarks.co.uk	Interactive online games and activities.
Things to do indoors	https://www.bbc.co.uk/cbeebies/grownups/things-to-do-indoors-with-your-children	Descriptions and videos of activities to do indoors.
Simple, fun activities	https://hungrylittleminds.campaign.gov.uk/	Ideas and videos for parents.
Wildlife activities	https://www.wildlifetrusts.org/looking-after-yourself-and-nature#activities	Descriptions and diagrams of things to make and do.

Primary (Years 1 – 6, aged 5 – 11)

Subject	Link	Content
English	https://www.oxfordowl.co.uk/	Advice and support for parents Educational activities and games Free eBook library for 3-11 year olds.
Maths	https://nrich.maths.org/9084	Descriptions of activities for parents to follow.
English and Maths	http://www.ictgames.com/	Interactive games.
Phonics	https://www.phonicsplay.co.uk/	Interactive games Year One and Two can look through phases 2, 3, 4 and 5.
English - reading	https://www.teachyourmonstertoread.com/	Interactive game.
Key Stage 1 (Ages 5 – 7) Science (Also crafts, recipes, magic, games, jokes, trivia)	https://www.funology.com/funology-science-experiments/	Ideas for fun science investigations and practical indoor activities.

Key Stage 1 (Ages 5 – 7) Physical Exercise (Maths/English/Modern foreign languages/Personal and Social Health Education)	https://www.bbc.co.uk/teach/super movers/ks1-collection/zbr4scw	Videos to get you moving and learning!
Key Stage 2 (Ages 7 – 11) Physical Exercise (Maths/English/Modern foreign languages/Personal and Social Health Education/Science)	https://www.bbc.co.uk/teach/super movers/ks2-collection/zr4ky9q	Videos to get you moving and learning!
All areas of Key Stage 1 (Ages 5-7)	https://www.bbc.co.uk/bitesize/levels/z3g4d2p	Video clips and interactive games.
All areas of Key Stage 2 (Ages 7-11)	https://www.bbc.co.uk/bitesize/levels/zbr9wmn	Video clips and interactive games.
All areas	https://www.twinkl.co.uk/resources/parents	Learning packs for parents to print out.
All areas	www.topmarks.co.uk	Interactive online games and activities.
Things to do indoors	https://www.bbc.co.uk/cbeebies/grownups/things-to-do-indoors-with-your-children	Descriptions and videos of activities to do indoors.
Wildlife activities	https://www.wildlifetrusts.org/looking-after-yourself-and-nature#activities	Descriptions and diagrams of things to make and do.

Secondary (years 7 and above, aged 11 and above)




Subject	Link	Content
Maths	https://nrich.maths.org/secondary	Students to follow the 'Activities and Games' section to explore maths by topic, problems, games or go wild.
Science	www.sciencejournalforkids.org	Online journals written for secondary school students.
English	https://www.teachitenglish.co.uk/coronavirus	Teaching packs. English Resources. Student facing workbooks.
All areas of Key stage 3 (Ages 11-14)	https://www.bbc.co.uk/bitesize/levels/z4kw2hv	Video clips and interactive games.
All GCSE subject areas	https://www.bbc.co.uk/bitesize/levels/z98jmp3	Video clips and interactive games.
Post 16 (Ages 16 – 18)	https://www.bbc.co.uk/bitesize/levels/zvhtng8	Video clips and general information.
All areas	https://www.twinkl.co.uk/resources/parents	Learning packs for parents to print out.
All areas	www.topmarks.co.uk	Interactive online games and activities.

2

A timetable of activities online at the same time each week

This table shows what is available online each day for children via online (Smart TV or Internet). The activities have been colour-coded to show which age groups they are aimed at. The document will be added to as more sessions are discovered or made available.

Key to colours



















	Early Years and Foundation Stage (Nursery and Reception classes, aged 3 – 5)
	Primary (Years 1 – 6, aged 5 – 11)
	Secondary (years 7 and above, aged 11 and above)

Monday

Time	EBF	Primary	Secondary	Activity	Link
9am				Physical Exercise Routine with Joe Wicks	https://www.youtube.com/user/thebodycoach1/videos
9.30am				Read Write Inc phonics session Set 1	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl
10am				Code Playground Live: Fun, free coding sessions from Barclays and Digital Eagles	https://twitter.com/Digitaleagles
				Live music session each morning for primary school age children.	https://www.facebook.com/events/3088752244470397/
				Educational Videos with Konnie Huq	https://www.youtube.com/channel/UCDISobQTc4IifJEu6Lt22eA
				Live Music lessons from Mylene Klass	https://www.youtube.com/channel/UCQh2wgJ5tOrixYBn6jFXsXQ
				Read Write Inc phonics session Set 2	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl
10.30am				Read Write Inc phonics session Set 3	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl
11am				Educational adventures with Maddie Moate	https://www.youtube.com/user/maddiemoate
				David Walliams reads an audiobook story	https://www.worldofdavidwalliams.com/elevenses/



















Time	Activity	Link
11.30am	Dance lessons with Oti Mabuse	https://www.youtube.com/user/mosetsanagape/videos
12pm	Short science experiment to try at home, from TechniQuest	https://www.facebook.com/watch/TQcardiff/916230508833955/
12.30pm	Read Write Inc phonics session Set 1	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl
1pm	Read Write Inc phonics session Set 2	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl
1.30pm	Read Write Inc phonics session Set 3	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl
2pm		
3pm		
4pm	Kids Cooking Lessons	https://www.theocooks.com/kids-cookalong-live/
	History lessons with Dan Snow	https://www.youtube.com/channel/UC88lvyJe7aHZmcvzvubDFRg/videos
5pm		
6pm	Daily Doodles with Mo Williams (US broadcast)	https://www.kennedy-center.org/mowillems

Tuesday

Time	  	Activity	Link
9am	  	Physical Exercise Routine with Joe Wicks	https://www.youtube.com/user/thebodycoach1/videos
9.30am		Read Write Inc phonics session Set 1	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
10am		Singing sessions for little ones	https://www.facebook.com/born2singuk
		Live music session each morning for primary school age children	https://www.facebook.com/events/3088752244470397/
		Read Write Inc phonics session Set 2	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
10.30am	 	Educational Videos with Konnie Huq	https://www.youtube.com/channel/UCDISobQTc4lifJEu6Lt22eA
		Read Write Inc phonics session Set 3	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
11am	 	Educational adventures with Maddie Moate	https://www.youtube.com/user/maddiemoate
		David Walliams reads an audiobook story	https://www.worldofdavidwalliams.com/elevenses/
11.30am	 	Dance lessons with Oti Mabuse	https://www.youtube.com/user/mosetsanagape/videos

Time	EYF5	Learning Objectives	Activity	Link
12pm			Short science experiment to try at home, from TechniQuest	https://www.facebook.com/watch/TQcardiff/916230508833955/
12.30pm			Read Write Inc phonics session Set 1	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
1pm			Read Write Inc phonics session Set 2	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
1.30pm			Read Write Inc phonics session Set 3	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
2pm			Sensory Craft activities from 'Sensory Spectacle'	https://www.facebook.com/sensoryspectacle/
			Fun Music sessions for people of all ages with PMLD or SLD	https://www.facebook.com/SoundaboutUK/
3pm				
4pm				
5pm				
6pm			Daily Doodles with Mo Williams (US broadcast)	https://www.kennedy-center.org/mowillems

Wednesday

Time	  	Activity	Link
9am	  	Physical Exercise Routine with Joe Wicks	https://www.youtube.com/user/thebodycoach1/videos
9.30am		Read Write Inc phonics session Set 1	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
10am		Code Playground Live: Fun, free coding sessions from Barclays and Digital Eagles	https://twitter.com/Digitaleagles
	 	Educational Videos with Konnie Huq	https://www.youtube.com/channel/UCDISobQTc4lifJEu6Lt22eA
		Live music session each morning for primary school age children	https://www.facebook.com/events/3088752244470397/
10.30am		Read Write Inc phonics session Set 2	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
		Read Write Inc phonics session Set 3	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
11am	 	Educational adventures with Maddie Moate	https://www.youtube.com/user/maddiemoate
		David Walliams reads an audiobook story	https://www.worldofdavidwalliams.com/elevenses/
11.30am	 	Dance lessons with Oti Mabuse	https://www.youtube.com/user/mosetsanagape/videos


















Time	Activity	Link
12pm	Short science experiment to try at home, from TechniQuest	https://www.facebook.com/watch/TQcardiff/916230508833955/
12.30pm	Read Write Inc phonics session Set 1	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
1pm	Read Write Inc phonics session Set 2	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
1.30pm	Read Write Inc phonics session Set 3	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
2pm		
3pm		
4pm	Kids Cooking Lessons	https://www.theocooks.com/kids-cookalong-live/
	History lessons with Dan Snow	https://www.youtube.com/channel/UC88lvyJe7aHZmcvzvubDFRg/videos
5pm		
6pm	Daily Doodles with Mo Williams (US broadcast)	https://www.kennedy-center.org/mowillems

Thursday

Time	SPS	Primary	Secondary	Activity	Link
9am				Physical Exercise Routine with Joe Wicks	https://www.youtube.com/user/thebodycoach1/videos
9.30am				Read Write Inc phonics session Set 1	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
10am				Live music session each morning for primary school age children	https://www.facebook.com/events/3088752244470397/
				Educational Videos with Konnie Huq	https://www.youtube.com/channel/UCDISobQTc4lifJEu6Lt22eA
				Read Write Inc phonics session Set 2	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
10.30am				Read Write Inc phonics session Set 3	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
11am				Educational adventures with Maddie Moate	https://www.youtube.com/user/maddiemoate
				David Walliams reads an audiobook story	https://www.worldofdavidwalliams.com/elevenses/
11.30am				Dance lessons with Oti Mabuse	https://www.youtube.com/user/mosetsanagape/videos

Time	Activity	Link
12pm	Short science experiment to try at home, from TechniQuest	https://www.facebook.com/watch/TQcardiff/916230508833955/
12.30pm	Read Write Inc phonics session Set 1	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
1pm	Read Write Inc phonics session Set 2	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
1.30pm	Read Write Inc phonics session Set 3	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
2pm	Sensory Craft activities from 'Sensory Spectacle'	https://www.facebook.com/sensoryspectacle/
3pm		
4pm		
5pm		
6pm	Daily Doodles with Mo Williams (US broadcast)	https://www.kennedy-center.org/mowillems

Friday

Time	  	Activity	Link
9am	  	Physical Exercise Routine with Joe Wicks	https://www.youtube.com/user/thebodycoach1/videos
9.30am		Read Write Inc phonics session Set 1	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl
10am		Live music session each morning for primary school age children	https://www.facebook.com/events/3088752244470397/
	 	Educational Videos with Konnie Huq	https://www.youtube.com/channel/UCDISobQTc4lifJEu6Lt22eA
	 	Live music lesson with Myleene Klass	https://www.youtube.com/channel/UCQh2wqJ5tOrixYBn6jFXsXQ
10.30am		Read Write Inc phonics session Set 2	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl
		Read Write Inc phonics session Set 3	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISl
11am	 	Educational adventures with Maddie Moate	https://www.youtube.com/user/maddiemoate
		David Walliams reads an audiobook story	https://www.worldofdavidwalliams.com/elevenses/

Time	Activity	Link
11.30am	Dance lessons with Oti Mabuse	https://www.youtube.com/user/mosetsanagape/videos
12pm	Short science experiment to try at home, from TechniQuest	https://www.facebook.com/watch/TQcardiff/916230508833955/
12.30pm	Read Write Inc phonics session Set 1	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
1pm	Read Write Inc phonics session Set 2	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
1.30pm	Read Write Inc phonics session Set 3	https://www.youtube.com/playlist?list=PLDe74j1F52zQ24vACH9z4zO53N_JCYISI
2pm		
3pm		
4pm	Kids Cooking Lessons	https://www.theocooks.com/kids-cookalong-live/
	History lessons with Dan Snow	https://www.youtube.com/channel/UC88lvYJe7aHZmCvzvubDFRg/videos
5pm		
6pm	Daily Doodles with Mo Williams (US broadcast)	https://www.kennedy-center.org/mowillems

Saturday

Time	SLD	Primary	Secondary	Activity	Link
9am					
10am					
11.30am				Dance lessons with Oti Mabuse	https://www.youtube.com/user/mosetsanagape/videos
12pm					
1pm					
2pm				Fun Music sessions for people of all ages with PMLD or SLD	https://www.facebook.com/SoundaboutUK/
3pm					
4pm					
5pm					
6pm					

Sunday

Time	STPS	Primary	Secondary	Activity	Link
9am					
10am					
11.30am				Dance lessons with Oti Mabuse	https://www.youtube.com/user/mosetsanagape/videos
12pm					